



Winterlaufserie des ELV 2013

Creuzburg / 24.02.2013

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitungen

Number: 680

Course: 11.30 km

2. Lauf Langdistanz

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:00:05

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 59 (of 80)

Rank in course/Men: 50 (of 64)

Best time in course: 41:21

Rank in category: 3(of 5)

Best time in the category: 55:03