



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Matthes, Jan

Club: Lauffreß Breitungen
Number: 680

Course: 11.30 km
2. Lauf Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:00:05

Speed: 10.98 km/h
Running performance: 5:19 min/km

Rank in course/Total: 59 (of 80)

Rank in course/Men: 50 (of 64)

Best time in course: 41:21

Rank in category: 3(of 5)

Best time in the category: 55:03