



Winterlaufserie des ELV 2013
Creuzburg / 24.02.2013

Detailed evaluation

Gerlach, Astrid

Club: SV Blau Weiß 90 Creuzburg
Number: 742

Course: 11.30 km
2. Lauf Langdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:00:10

Speed: 10.97 km/h
Running performance: 5:19 min/km

Rank in course/Total: 60 (of 80)
Rank in course/Women: 10 (of 16)
Best time in course: 48:19

Rank in category: 3(of 3)
Best time in the category: 55:34