



Winterlaufserie des ELV 2013  
Creuzburg / 24.02.2013

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer  
Number: 651

Course: 11.30 km  
2. Lauf Langdistanz

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:02:39

Speed: 10.82 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 66 (of 80)  
Rank in course/Women: 11 (of 16)  
Best time in course: 48:19

Rank in category: 2(of 2)  
Best time in the category: 51:23