



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Minner, Mathias

Club: ironafter

Number: 358

Course: 13.20 km

Berglauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:01:23

Speed: 12.71 km/h

Running performance: 4:39 min/km

Rank in course/Total: 19 (of 90)

Rank in course/Men: 18 (of 74)

Best time in course: 51:51

Rank in category: 5(of 11)

Best time in the category: 51:51