



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Kühn, Michael

Club: Schnellerkannjeder

Number: 399

Course: 13.20 km

Berglauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:02:23

Speed: 12.70 km/h

Running performance: 4:44 min/km

Rank in course/Total: 21 (of 90)

Rank in course/Men: 19 (of 74)

Best time in course: 51:51

Rank in category: 6(of 11)

Best time in the category: 51:51