



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Oschmann, Stefan

Club: Friedrichroda

Number: 416

Course: 13.20 km

Berglauf lang

Category:

Männer (20-29 Jahre)

Total time: 1:03:13

Speed: 12.34 km/h

Running performance: 4:47 min/km

Rank in course/Total: 23 (of 90)

Rank in course/Men: 22 (of 74)

Best time in course: 51:51

Rank in category: 3(of 5)

Best time in the category: 58:28