



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

Füldner, Maria

Club: Friedrichroda OT Finsterbergen

Number: 353

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:03:48

Speed: 12.23 km/h

Running performance: 4:50 min/km

Rank in course/Total: 25 (of 90)

Rank in course/Women: 2 (of 16)

Best time in course: 59:51

Rank in category: 1(of 1)

Best time in the category: 1:03:48