



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Döpping, Detlef

Club: Chemie Gotha

Number: 434

Course: 13.20 km

Berglauf lang

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:04:26

Speed: 12.11 km/h

Running performance: 4:53 min/km

Rank in course/Total: 27 (of 90)

Rank in course/Men: 25 (of 74)

Best time in course: 51:51

Rank in category: 2(of 7)

Best time in the category: 1:02:23