



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Bergmann, Anett

Club: Windischholzhausen

Number: 421

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:04:58

Speed: 12.19 km/h

Running performance: 4:55 min/km

Rank in course/Total: 31 (of 90)

Rank in course/Women: 3 (of 16)

Best time in course: 59:51

Rank in category: 1(of 6)

Best time in the category: 1:04:58