



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Darr, Marcus

Club: Tabarzer SV

Number: 390

Course: 13.20 km

Berglauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:05:22

Speed: 11.93 km/h

Running performance: 4:57 min/km

Rank in course/Total: 34 (of 90)

Rank in course/Men: 31 (of 74)

Best time in course: 51:51

Rank in category: 8(of 11)

Best time in the category: 51:51