



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

Kelbert, Paul-Friedrich

Total time: 32:10

Number: 224

Speed: 11.19 km/h

Running performance: 4:40 min/km

Course: 6.90 km

Rank in course/Total: 12 (of 84)

Berglauf kurz

Rank in course/Men: 11 (of 61)

Best time in course: 29:46

Category:

Rank in category: 1(of 11)

männliche Jugend U18 (16-17 Jahre)

Best time in the category: 32:10