



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Gerling, Cornelia**

Club: FSV Gotha

Number: 365

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:06:12

Speed: 11.78 km/h

Running performance: 5:01 min/km

Rank in course/Total: 37 (of 90)

Rank in course/Women: 4 (of 16)

Best time in course: 59:51

Rank in category: 2(of 6)

Best time in the category: 1:04:58