



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Albrecht, Katrin

Club: Sportteam Steinbach

Number: 387

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:08:25

Speed: 11.40 km/h

Running performance: 5:11 min/km

Rank in course/Total: 44 (of 90)

Rank in course/Women: 5 (of 16)

Best time in course: 59:51

Rank in category: 1(of 1)

Best time in the category: 1:08:25