



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Weindl, Peter

Club: Waltershausen

Number: 369

Course: 13.20 km

Berglauf lang

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:08:45

Speed: 11.35 km/h

Running performance: 5:13 min/km

Rank in course/Total: 46 (of 90)

Rank in course/Men: 41 (of 74)

Best time in course: 51:51

Rank in category: 11(of 13)

Best time in the category: 56:22