



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Bohl, Martin

Club: ZEPT Tabarz

Number: 377

Course: 13.20 km

Berglauf lang

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:09:41

Speed: 11.19 km/h

Running performance: 5:17 min/km

Rank in course/Total: 47 (of 90)

Rank in course/Men: 42 (of 74)

Best time in course: 51:51

Rank in category: 4(of 7)

Best time in the category: 1:02:23