



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Kleinke, Nadine

Club: fitnessoase Ohrdruf

Number: 411

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:10:15

Speed: 11.10 km/h

Running performance: 5:19 min/km

Rank in course/Total: 53 (of 90)

Rank in course/Women: 6 (of 16)

Best time in course: 59:51

Rank in category: 1(of 1)

Best time in the category: 1:10:15