



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Thiele, Thomas**

Club: Lauffeuer Fröttstädt

Number: 374

Course: 13.20 km

Berglauf lang

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:10:41

Speed: 11.04 km/h

Running performance: 5:21 min/km

Rank in course/Total: 55 (of 90)

Rank in course/Men: 49 (of 74)

Best time in course: 51:51

Rank in category: 6(of 8)

Best time in the category: 55:37