



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Hartmann, Nico**

Club: Broderode

Number: 393

Course: 13.20 km

Berglauf lang

Category:

Männer (20-29 Jahre)

Total time: 1:13:52

Speed: 10.72 km/h

Running performance: 5:36 min/km

Rank in course/Total: 62 (of 90)

Rank in course/Men: 56 (of 74)

Best time in course: 51:51

Rank in category: 5(of 5)

Best time in the category: 58:28