



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Kalms, Elke

Club: SV Schwabhausen

Number: 383

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:16:38

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 72 (of 90)

Rank in course/Women: 9 (of 16)

Best time in course: 59:51

Rank in category: 1(of 2)

Best time in the category: 1:16:38