



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Anschütz, Saskia

Club: FSV 1950 e.V.

Number: 378

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:18:54

Speed: 10.04 km/h

Running performance: 5:59 min/km

Rank in course/Total: 75 (of 90)

Rank in course/Women: 11 (of 16)

Best time in course: 59:51

Rank in category: 3(of 6)

Best time in the category: 1:04:58