



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Anschütz, Reinhard

Club: FSV 1950 e.V

Number: 379

Course: 13.20 km

Berglauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:18:55

Speed: 9.88 km/h

Running performance: 5:59 min/km

Rank in course/Total: 76 (of 90)

Rank in course/Men: 65 (of 74)

Best time in course: 51:51

Rank in category: 10(of 13)

Best time in the category: 55:57