



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Stübner, Frank

Club: LG Friedrichroda

Number: 389

Course: 13.20 km

Berglauf lang

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:19:23

Speed: 9.83 km/h

Running performance: 6:01 min/km

Rank in course/Total: 78 (of 90)

Rank in course/Men: 67 (of 74)

Best time in course: 51:51

Rank in category: 12(of 13)

Best time in the category: 55:57