



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Wuth, Carmen**

Club: Friedrichroda

Number: 417

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:20:46

Speed: 9.66 km/h

Running performance: 6:07 min/km

Rank in course/Total: 80 (of 90)

Rank in course/Women: 12 (of 16)

Best time in course: 59:51

Rank in category: 4(of 6)

Best time in the category: 1:04:58