



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Wozasek, Ingrid

Club: Triathlon Friedrichroda

Number: 432

Course: 13.20 km

Berglauf lang

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:22:22

Speed: 9.47 km/h

Running performance: 6:14 min/km

Rank in course/Total: 82 (of 90)

Rank in course/Women: 14 (of 16)

Best time in course: 59:51

Rank in category: 2(of 2)

Best time in the category: 1:16:38