



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Engelhardt, Herfried

Club: Lengefeld

Number: 419

Course: 13.20 km

Berglauf lang

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:23:12

Speed: 9.38 km/h

Running performance: 6:18 min/km

Rank in course/Total: 84 (of 90)

Rank in course/Men: 70 (of 74)

Best time in course: 51:51

Rank in category: 2(of 2)

Best time in the category: 1:07:49