



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Pfeifer, Rudolf

Club: SV 05 Friedrichroda

Number: 436

Course: 13.20 km

Berglauf lang

Category:

Senioren M75 (75 bis 79 Jahre)

Total time: 1:36:09

Speed: 8.11 km/h

Running performance: 7:17 min/km

Rank in course/Total: 90 (of 90)

Rank in course/Men: 74 (of 74)

Best time in course: 51:51

Rank in category: 1(of 1)

Best time in the category: 1:36:09