



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Jünemann, Bernhard

Club: LT Güntersen

Number: 222

Course: 6.90 km

Berglauf kurz

Category:

Senioren M60 (60-64 Jahre)

Total time: 30:11

Speed: 11.93 km/h

Running performance: 4:22 min/km

Rank in course/Total: 2 (of 84)

Rank in course/Men: 2 (of 61)

Best time in course: 29:46

Rank in category: 1(of 2)

Best time in the category: 30:11