



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Lehmann, Marcel**

Club: SV 05 Triathlon Friedrichroda

Number: 254

Course: 6.90 km

Berglauf kurz

Category:

Männer (20-29 Jahre)

Total time: 34:19

Speed: 10.49 km/h

Running performance: 4:58 min/km

Rank in course/Total: 29 (of 84)

Rank in course/Men: 24 (of 61)

Best time in course: 29:46

Rank in category: 5(of 8)

Best time in the category: 29:46