



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Beese, Annette

Club: FSV 1950 Gotha

Number: 274

Course: 6.90 km

Berglauf kurz

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 35:35

Speed: 10.12 km/h

Running performance: 5:10 min/km

Rank in course/Total: 32 (of 84)

Rank in course/Women: 7 (of 23)

Best time in course: 31:08

Rank in category: 1(of 4)

Best time in the category: 35:35