



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Brandner, Reinhard

Club: Emsetal

Number: 256

Course: 6.90 km

Berglauf kurz

Category:

Senioren M55 (55-59 Jahre)

Total time: 35:48

Speed: 11.56 km/h

Running performance: 5:11 min/km

Rank in course/Total: 33 (of 84)

Rank in course/Men: 26 (of 61)

Best time in course: 29:46

Rank in category: 1(of 2)

Best time in the category: 35:48