



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Walter, Jörg

Club: Walter & Söhne

Number: 266

Course: 6.90 km

Berglauf kurz

Category:

Senioren M35 (35-39 Jahre)

Total time: 37:01

Speed: 9.73 km/h

Running performance: 5:22 min/km

Rank in course/Total: 40 (of 84)

Rank in course/Men: 32 (of 61)

Best time in course: 29:46

Rank in category: 3(of 4)

Best time in the category: 33:31