



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Oschmann, Ina

Club: FSV 1950 e.V.

Number: 282

Course: 6.90 km

Berglauf kurz

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 31:08

Speed: 11.56 km/h

Running performance: 4:31 min/km

Rank in course/Total: 5 (of 84)

Rank in course/Women: 1 (of 23)

Best time in course: 31:08

Rank in category: 1(of 5)

Best time in the category: 31:08