



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla

Number: 212

Course: 6.90 km

Berglauf kurz

Category:

Senioren M65 (65-69 Jahre)

Total time: 38:13

Speed: 9.42 km/h

Running performance: 5:32 min/km

Rank in course/Total: 52 (of 84)

Rank in course/Men: 43 (of 61)

Best time in course: 29:46

Rank in category: 1(of 2)

Best time in the category: 38:13