



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

Schulze, Roland

Club: Gotha

Number: 249

Course: 6.90 km

Berglauf kurz

Category:

Senioren M60 (60-64 Jahre)

Total time: 38:32

Speed: 9.34 km/h

Running performance: 5:35 min/km

Rank in course/Total: 56 (of 84)

Rank in course/Men: 46 (of 61)

Best time in course: 29:46

Rank in category: 2(of 2)

Best time in the category: 30:11