



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Ullrich, Stefan**

Club: SV 05 Friedrichroda

Number: 233

Course: 6.90 km

Berglauf kurz

Category:

Männer (20-29 Jahre)

Total time: 31:12

Speed: 11.54 km/h

Running performance: 4:31 min/km

Rank in course/Total: 6 (of 84)

Rank in course/Men: 5 (of 61)

Best time in course: 29:46

Rank in category: 3(of 8)

Best time in the category: 29:46