



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Günther, Annett

Club: Friedrichroda

Number: 278

Course: 6.90 km

Berglauf kurz

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 39:45

Speed: 9.06 km/h

Running performance: 5:46 min/km

Rank in course/Total: 62 (of 84)

Rank in course/Women: 11 (of 23)

Best time in course: 31:08

Rank in category: 2(of 4)

Best time in the category: 35:35