



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

**Gräf, Walter**

Club: Ski-Nordisch-Tabarz

Number: 258

Course: 6.90 km

Berglauf kurz

Category:

Senioren M65 (65-69 Jahre)

Total time: 41:12

Speed: 8.74 km/h

Running performance: 5:58 min/km

Rank in course/Total: 68 (of 84)

Rank in course/Men: 54 (of 61)

Best time in course: 29:46

Rank in category: 2(of 2)

Best time in the category: 38:13