



## 29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

### Detailed evaluation

Schreyer, Ullrich

Club: Gotha

Number: 205

Course: 6.90 km

Berglauf kurz

Category:

Senioren M45 (45-49 Jahre)

Total time: 41:35

Speed: 8.66 km/h

Running performance: 6:02 min/km

Rank in course/Total: 70 (of 84)

Rank in course/Men: 56 (of 61)

Best time in course: 29:46

Rank in category: 8(of 9)

Best time in the category: 31:39