



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Möhring, Conny

Club: Friedrichroda

Number: 219

Course: 6.90 km

Berglauf kurz

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 43:46

Speed: 8.23 km/h

Running performance: 6:20 min/km

Rank in course/Total: 80 (of 84)

Rank in course/Women: 20 (of 23)

Best time in course: 31:08

Rank in category: 1(of 1)

Best time in the category: 43:46