



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Armenat, Martin

Club: Thüros Georgenthal

Number: 367

Course: 13.20 km

Berglauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:31

Speed: 14.85 km/h

Running performance: 3:59 min/km

Rank in course/Total: 2 (of 90)

Rank in course/Men: 2 (of 74)

Best time in course: 51:51

Rank in category: 2(of 11)

Best time in the category: 51:51