



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Drößmar, Sven

Club: Triathlon Friedrichroda

Number: 354

Course: 13.20 km

Berglauf lang

Category:

Senioren M40 (40-44 Jahre)

Total time: 52:38

Speed: 14.82 km/h

Running performance: 3:59 min/km

Rank in course/Total: 3 (of 90)

Rank in course/Men: 3 (of 74)

Best time in course: 51:51

Rank in category: 1(of 9)

Best time in the category: 52:38