



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Crusius, Florian

Club: AVJC Zella Mehlis

Number: 409

Course: 13.20 km

Berglauf lang

Category:

Männer (20-29 Jahre)

Total time: 58:28

Speed: 13.34 km/h

Running performance: 4:26 min/km

Rank in course/Total: 11 (of 90)

Rank in course/Men: 11 (of 74)

Best time in course: 51:51

Rank in category: 1(of 5)

Best time in the category: 58:28