



29. Abend-Berg-Lauf Friedrichroda

Friedrichroda / 03.05.2013

Detailed evaluation

Krüger, Thomas

Club: Marksuhl

Number: 394

Course: 13.20 km

Berglauf lang

Category:

Senioren M35 (35-39 Jahre)

Total time: 59:05

Speed: 13.20 km/h

Running performance: 4:29 min/km

Rank in course/Total: 13 (of 90)

Rank in course/Men: 13 (of 74)

Best time in course: 51:51

Rank in category: 3(of 8)

Best time in the category: 55:37