



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Thieme, Thomas

Club: TSV Markleeberg

Number: 296

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 50:24

Speed: 13.10 km/h

Running performance: 4:25 min/km

Rank in course/Total: 65 (of 237)

Rank in course/Men: 59 (of 171)

Best time in course: 38:01

Rank in category: 3(of 10)

Best time in the category: 45:24