



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Wiedemann, Ulrike

Club: Leipzig

Number: 122

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 50:33

Speed: 13.06 km/h

Running performance: 4:26 min/km

Rank in course/Total: 71 (of 237)

Rank in course/Women: 9 (of 66)

Best time in course: 43:36

Rank in category: 2(of 11)

Best time in the category: 50:31