



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Göhler, Christian

Club: LC Auensee Leipzig

Number: 329

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:02

Speed: 12.93 km/h

Running performance: 4:29 min/km

Rank in course/Total: 78 (of 237)

Rank in course/Men: 68 (of 171)

Best time in course: 38:01

Rank in category: 4(of 10)

Best time in the category: 45:24