



# 11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

## Detailed evaluation

**Emmrich, Birgit**

Club: TSG Markkleeberg von 1903 e.V.  
Number: 256

Course: 11.40 km  
10 km-Stadtrangelistenlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 53:42

Speed: 12.29 km/h  
Running performance: 4:43 min/km

Rank in course/Total: 103 (of 237)

Rank in course/Women: 15 (of 66)

Best time in course: 43:36

Rank in category: 3(of 11)

Best time in the category: 50:31