



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Lohse, Elmar

Club: SV Automation 61 Leipzig

Number: 108

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 54:38

Speed: 12.08 km/h

Running performance: 4:47 min/km

Rank in course/Total: 111 (of 237)

Rank in course/Men: 95 (of 171)

Best time in course: 38:01

Rank in category: 8(of 16)

Best time in the category: 45:34