



## 11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

### Detailed evaluation

**Held, Kathrin**

Club: LFV Oberholz

Number: 241

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 55:05

Speed: 11.98 km/h

Running performance: 4:50 min/km

Rank in course/Total: 116 (of 237)

Rank in course/Women: 19 (of 66)

Best time in course: 43:36

Rank in category: 3(of 7)

Best time in the category: 44:52