



# 11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

## Detailed evaluation

**Thieme, Iris**

Club: leipzig

Number: 261

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 55:36

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 120 (of 237)

Rank in course/Women: 21 (of 66)

Best time in course: 43:36

Rank in category: 4(of 11)

Best time in the category: 50:31